

Laser Hair Removal Pre Treatment Instructions

The duration of hair growth cycle varies on the body location being treated. The laser can only eliminate hair while it is in its' active growth phase. Multiple treatments are necessary over 5-8 week intervals to remove hair from most areas. A minimum of 5 weeks in between treatments is required to achieve maximum results. Treatment duration varies from 15-120 minutes depending on the size of the area and the amount of hair. It may take up to 3 weeks for the hair to fall out of the follicle. Results may not be apparent for several months post treatment.

- Avoid sun exposure for at least 2 weeks before the treatment. Apply UVA/UVB sunscreen SPF 30 or higher to any treatment area 30 minutes prior to sun exposure.
- Treatments cannot be given on areas with a spray tan, sun tan or sun burn. Do not use tanning beds, lotions or artificial tanning products for a minimum of two weeks prior to your treatment.
- Do not wax, tweeze, use depilatories or bleach the area for at least four weeks prior to the treatment.
- Shave the area to be treated 12-24 hours prior to the treatment.
- Do not wear makeup, creams or lotions directly prior to the treatment.
- If you arrive for your appointment and you have not followed the above procedures we will not be able to treat you and you will be assessed a \$50 fee as if you had missed your appointment with out notifying us with in the 24 hour cancellation window per our Financial Policies.

Client/Guardian Signature (if under 18) _____ Date _____



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